



Child Development Institute (CDI)

SNAP® for Schools - How to Become a Licensed Affiliate

CDI's SNAP® (Stop Now And Plan) for Schools is a universal prevention program, available for grades 2-5. SNAP provides students and teachers evidence-based strategies to improve emotion regulation, self-control, and problem-solving skills. The sessions involve discussion, role play, activities, and relaxation techniques, providing opportunities for coaching and skill mastery. The SNAP for Schools program can now be facilitated on a web-based platform!

The program also has been shown to increase teachers' awareness and ability to identify children who may benefit from additional clinical mental health services, as needed.



Reach out today to join hundreds of schools across Canada currently benefiting from SNAP for Schools.

For more information on SNAP in Schools please SCAN the QR code or contact us at SNAP@childdevelop.ca



Universal Approach

Whole classrooms receive the SNAP 12 weekly sessions allowing peers and teachers to learn together.

Training Model

Schools select staff to be trained by CDI to facilitate alongside classroom teachers. The training consists of 2 full day in-person or hybrid interactive training with ongoing direct consultation and facilitator support.

Facilitation

There are two complementary tools available to support facilitation: manual-based and technology-based. Facilitators lead students through 12, 45-60-minute manualized sessions with supporting materials and generalization activities.

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Child Development Institute (CDI) is an accredited children's mental health organization with the mission to support the healthy development of children, youth and their families. A leader in the field, CDI develops and delivers world-class, evidence-informed mental health programs and services across three streams: Child & Youth Mental Health Services, Gender-Based Violence Services, and Early Years and Child Care Services.